



“Discern nonetheless but me (Real/ Eternal Self) is the 'Lord'”

“Only ignorant say that the Lord is someone along with”

( 'विचार ईश्वर आप नूं मान, अव विचार ईश्वर इक जान' )

“The Word of God is our Master, not the figure, idol or image of any person”

( “शब्द है गुरु शरीर नही है” )

Satvastu Ka Kudarti Granth

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Consumer Connect Initiative



## ‘Satyug’ the Golden Era of Truth is fast Approaching

Let us adopt Godly Virtues: Truthfulness, Righteousness, Contentment, Endurance

Equanimity ( Sambhav ) shall prevail in the hearts of all Human Beings

This article is in continuation of the two articles published in The Speaking Tree editions dated June 13th 2010 and June 27th 2010. Copies of the same are also available on our website: [www.satyugdarshantrust.org](http://www.satyugdarshantrust.org)

### Truthfulness in Satyug

Satyugians know that truth is a spiritual power that helps in upholding what is most desirable and beneficial for keeping one's mind in a state of balance. They also believe that truth is the only real thing that can help them keep their calm and poise even during adversity. This internal calmness helps Satyugians uphold truth in word, action and against all odds. They love to treasure the wealth of truthfulness to become knowledgeable about everything in the universe, in the true sense. As they remain firm on the path of righteousness, it is easier for them to realize eternal truth.

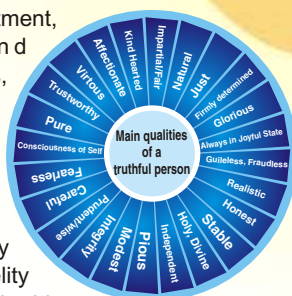
In Satyug, truthfulness and benevolence are of great significance, as the people of Satyug practice these virtues in their day to day life and are called virtuous. They are also sincere, faithful, honest, perfect and law-abiding and are always appreciated, because they know that only a person of integrity can live happily and relieve others of their distress and difficulty. They are aware of the impact of falsehood and understand that if one takes the support of falsehood to achieve anything, he or she is sure to drown mid stream. That is why they always speak truth as a habit.

Their truthfulness reflects in their eyes. Because of the purity of their insight/vision, their instincts are free from any deformity. It is a well-known fact that each and every Satyugian takes progressive steps with utmost thoughtfulness. They are self-willed and self-reliant and are called men of pure intentions. They disseminate only truth. The era in which they live is called the Golden Era.

Because of their truthful conduct, their glory and fame rises above the levels of demi-gods and heaven. They are aware of the fact that the primordial light, which is the source of the entire universe and is responsible for keeping it in a progressive state at all times is actually enlightened in the Sachkhand -an abode and epithet of the Supreme Being.

These connoisseurs of truth know that the Supreme Spirit or God is integral to every soul i.e., Me (real/eternal self) is the Lord. As a result they become famous in the entire universe and heaven.

Everyone imbibes equanimity, contentment, endurance, truthfulness and righteousness in their thoughts, words, deeds and character and make themselves a symbol and abode of truthfulness. These beings are completely permeated with humaneness. Because of uniformity in their vision and insight, it becomes easy for them to remain steadfast in their fidelity or exclusive devotion to their spouse. In this way by strengthening their self-control they perform their worldly duties selflessly, faithfully, sincerely and strictly in a committed manner according to His command. Thus by practicing truthfulness and righteousness, they easily achieve the prime goal of life.



They always prefer strong building of their moral power instead of sexual desires. Due to firm adherence of this principle, they never lose their morality under any circumstance even if they have to sacrifice personal ego, worldly wealth and physical pleasures for the same.

They know the truth that God has sent them in this world to skillfully practice and preach truthfulness and therefore, through devotion, fortitude, equanimity and even-sightedness, they earn distinction everywhere.

Satyugians are simple, candid, straight, righteous and noble people with strong character who would only speak the truth and would do anything to fulfil their promises and commitments i.e. they are devoted to truthfulness and dutifulness. Satyugians are known to be immaculate, trustworthy, equanimous, careful, attentive, intelligent, beautiful, patient, prudent, possess good character and always remain in a balanced & joyful state of mind.

The concept of God's omnipresence is clear to them and therefore they have no fear of death. Preaching of truth and conducting discourses on dharma become their habit. They know that salutations of affectionate and the one who always speaks the truth are only admitted by the Supreme Lord. That is why Satyugians always speak the truth and honour their commitments.

It must be remembered that whosoever becomes fully acquainted with Satvastu or the truth of the Supreme Spirit, that person becomes devout practitioner of truthfulness and it becomes customary for their family to adopt truthfulness as a way of their life.

Nourished and flourished with truthfulness, they acquire divya drishti or deep insight and are capable of attaining true knowledge of the Real Self. That is why in each era i.e. Tretayug, Dwaparyug or Kalyug, all incarnations or divine spirits/persons of excellence or sacred scriptures have suggested everyone to practice truthfulness and righteousness under all circumstances for the Jeeva to become disinterested in worldly things and thus achieve eternal bliss/true peace.

This is how, after fully understanding the meaning and usefulness of truthfulness and righteousness, a person can become thoughtful and perfect, worthy of having virtue to be called a dutiful son of God. This automatically helps one in leading a peaceful family life. Such a person becomes an ideal for all other people to accept the concept of truthfulness and also to help future generations skillfully adopt this virtue in their life.

Knowing fully well that by adopting the seven principal virtues i.e faith, hope, charity, justice, prudence, temperance and fortitude -the first three being the theological, the last four the moral virtues - lead to withering away of negative intentions from the mind which means an end to weeping and lamenting in one's life. This implies that the intentions of the being become noble and inner self gets focussed on the Real Eternal Self. As a result, the mind gets embellished with precious virtues such as contentment and endurance and always remains free from all worldly temptations. This leads to a holy state of the being where one's thoughts remain completely pious and pure and such a person can become skilled in divine matters. That is, one can foresee or foretell as if divinely inspired and can also attain the power to know the hidden things by supernatural means.

This pure and healthy state of mind helps in the visualization of the omnipresence of the Supreme God in one's own self and in the entire universe. One becomes a visionary, capable of becoming omniscient. Here, one has to accept that adoption of truthfulness and thoughtfulness makes a person wise enough to know the truth about the universe, jeeva and God.

With moulding of one's vision as per this skill, the being progresses on the path of selflessness and is easily able to visualize the entire manifestation of Satvastu. In Satyug, only the state of thoughtfulness, language of truth, uniform insight and state of oneness and even-sightedness prevails.

In Satyug, devotional methods like that of master and servant, God and devotee, guru and disciple do not prevail as people in this era are firm in their devotion only to the eternal source of universe and not to the instrumental incarnations.

They are fully conversant with the fact that there is only one primordial light, which is the only prime source of all the souls and symbolic of one male with all other souls in feminine form and therefore, devout in their love and devotion to only one God i.e. Saajan. Saajan literally means the most beloved Master and God, which is the primordial sound all pervading equally in all His souls. That is why they become wise enough to always remain surrendered to Saajan – the Supreme God.

Therefore, everyone is advised to leave falsehood and adopt truthfulness. For this, discerning is required for adopting humane constitution enunciated in the shastras/scriptures on the basis of Godly virtues for the benefit of mankind that describe various duties and responsibilities as well as prohibits use of undesirable words and doing sinful actions.

That is why it is said that all should keep in mind with firm faith that beholding of righteousness works like a miracle with God's blessing in disguise. Therefore all should learn to always speak the truth and motivate others to be truthful.

Know that truth is the spiritual master, whose followers become competent enough to perceive truth of everything including Jeeva and Brahm through meditation. With the result, one always holds firm faith in the omnipresence of God. In other words, we can say that truthfulness is the basic seed from which all virtues spring.

That is why it is said that truth should be the base of one's conduct and behaviour because it is only the truth that makes a person noble and great. It is therefore advisable for everyone to always remain truthful in their thoughts, words and actions.

Taking into consideration these facts, it becomes essential for all of us to always speak the truth and also to preach and motivate others to benefit by firmly inculcating in themselves the habit of speaking the truth. Know that nothing else, but only truthfulness can bring peace to the mind as well in the entire universe.

### Righteousness in Satyug

Satyugians are devout righteous people because they know that dharma is a virtue arising from observance of social and moral law. They are supported by moral standpoint or premise and with a result, they always remain honest towards themselves as well as to all others.

Righteousness is that act or deed which is connected with the achievement of transcendental bliss. In other words, we can say that skilled completion of any directed duty or a task as per defined

code of conduct is termed as righteousness. In order to lead a life full of true happiness, peace and purity, it is imperative to become righteous.

Satyug is also known as Righteous Era. In Satyug, people being excellent and wise, are well-mannered and honest in every respect. They are regarded as symbols of righteousness. Through perfection in detachment from material pleasures, their inner state and bent of mind becomes independent of all kinds of negative dispositions or pulsations. They are pious and have very high understanding of righteousness i.e. ability to differentiate between virtuous or sinful acts or between good and bad deeds. They have complete faith, devotion, reverence and inclination towards righteousness and have strong inner power to remain steadfast in its practice.

They are not only strong followers of righteousness but are also committed guardians of moral code of conduct and according to their best capability, they organize the functioning of the society prudently. They consider the establishment of righteousness and morality as their responsibility. As such, they perform all their duties religiously in their progression on the path of righteousness. They practice and preach righteousness and are enthusiastic experts and wisest with deep insight in the understanding of the real significance of every aspect of righteousness. Benefits like true happiness and peace resulting from adherence to righteousness, make their emotions and behaviour purely virtuous. They fully understand the real fundamentals of righteousness and can very well profess the same to others as well.

Their behaviour is always in accordance with code of virtuous conduct and to protect their morality and righteousness they would never hesitate to sacrifice any personal ego, wealth and worldly pleasures. This is why they are always thoughtful and judicious and remain inclined to perform benevolent deeds for the benefit of others.

We can say that in Satyug, it is the rule of good deeds that prevails upon every one and saviors and guardians of righteousness and morality always lead a life full of happiness, peace, oneness and purity. 'Bharat' is known to be that pious place, where the virtues and righteousness of Lord Vishnu are adopted and followed by one and all. Here, one ought to know that in Satyug, everyone in the entire universe abides only to His command.

The downfall of righteousness in the thoughts, conduct and character, of people, right from Tretayug to the last stage of Kalyug, leads to the deterioration of humane values in mankind. The virtuous and righteous people in these eras face difficulties in remaining steadfast on quality of benevolence etc.

In Satyug, where, on one hand, righteousness help every person maintain stable mental equilibrium under all circumstances, on the other hand, in Tretayug, Dwaparyug and Kalyug, its effectiveness reduces from four to three, three to two and two to one pillar respectively. It means with the advent of Tretayug, people start losing the skill, physical ability, opportunity or authority to stay



firm on the virtue of righteousness and in the process, most people become unskilled in this task by the time we arrive at the last phase of Kalyug. In this way, by this time, most people become unrighteous and completely selfish and willfully adopt unethical conduct and behaviour. Thus get engrossed in vices like lust, anger, greed, delusion and pride etc. As a result, they become incapable of truthfully and effectively discharging their duties towards themselves, family or society as a whole and even do wicked, immoral misdeeds to fulfill their personal objectives.

In order to re-establish the ethical code of conduct and help humanity progressively adopt truthfulness, righteousness and humane virtues once again, in Satyug, Lord Vishnu manifests in the form of 'Laxmi Narayan' holding Shankh, a conch shell, Chakra, a wheel, Gada, a club and Padam, a lotus.

To bring about gentleness, nobility, selflessness and benevolence back in the thoughts, actions and character of beings, the Almighty Lord Sajan Shri Shehanshah Hanuman Ji once again undertakes establishment of highest level of wisdom, purity of thoughts, immense devotion and vigour in beings, based on the foundation of youthful devotional method of Equanimity and Even-Sightedness.

In this way, mankind once again becomes virtuous with good moral values and character and every person becomes noble and gentle for his own self, family and society as a whole. It leads to the re-establishment of Satyugian ethics and code of conduct. Thereafter the process to motivate each one to remain righteous in the true sense starts i.e. to make every one skillful in the practice of Equanimity and Even-Sightedness to become a gentleman. Slowly, righteousness re-establishes itself firmly on four pillars once again.

Today it is the need of the hour, to fully understand and imbibe the virtue of righteousness in our conduct and behaviour and to also make the future generations aware of its importance. It therefore becomes necessary for us to always remain steadfast on the path of righteousness and be a role model for the coming generations. In this context, let us know well that by abandoning the virtue of righteousness, we will be inviting disturbances in our own life besides others.

While reiterating this truth, Satvastu Ka Kudarti Granth makes us aware that in Satyug, evil or bad intentions do not prevail. Only purity of thought prevails. In Tretayug with the germination of evil or bad intentions in the hearts of people, the process of lamenting and weeping starts. With the advent of Kalyug, the habits and temperament of human beings drastically change and as a result eruption of evil and bad intentions multiply manifolds and the people all over are lamenting and weeping all the time.

Now after Kalyug, with the skillful adoption and practising of the easy devotional method of Equanimity and Even-Sightedness of Sajan Shri Shehanshah Hanuman Ji, with the advent of Satyug, the increasing trend of weeping and lamenting from Tretayug to Kalyug completely stops.

That is why Satvastu Ka Kudarti Granth preaches and guides us to always remain fixed on truthfulness and righteousness and start loving these virtues while advising others to follow the same path. In the end, always remember that truthfulness and righteousness,

both are our true friends who help us attain high levels of brilliance with unlimited power and knowledge.

That is why it is advised, not to lose righteousness or morality under any circumstances even if one has to sacrifice personal ego, worldly attachments and physical pleasures for the same.

### Contentment in Satyug

In Satyug every person is contented. Each being is aware that contentment is the instinct of mind because of which every being, in such a condition experiences complete pleasure. Such a person has no desire for anything or complaint against anyone. Under all circumstances, one remains in a happy and joyful state and always treats every adversity as a boon in disguise.

Such families always flourish and are never ruined. They know that contentment originates from a Satvik instinct and upon its evolution, the being experiences complete and endless bliss i.e. highest happiness. They also know that contentment is more than a kingdom as only a contented person can always maintain his peace of mind and in turn remain satisfied and happy. Such a person never becomes restless in any adverse situation. Know that contentment in reality is one's treasure and a contented person is considered richest among all for whom all worldly riches are meaningless.

According to Satvastu Ka Kudarti Granth, contentment has the power to keep all the desires under control. That is why a contented person remains detached from all worldly pleasures and is called a wise person. He has an added ability to also remain satisfied even upon non-fulfillment of any desire and need. The contentment represents happiness, delight, pleasure, tranquility, satisfaction, stability, peace and bliss which destroys hatred and enmity in a being from its root. It is truly said that those who are satisfied under all circumstances can be called as contented.

A contented person has no anxiety, expectation, concern or complaint as he remains always satisfied and quietly happy in all the circumstances. It is evident that contentment helps in the progression and embellishment of basic virtue of being i.e. Equanimity and Even-sightedness which in turn enable one to always maintain a balanced temperament at all times and thus remain free from any deformity.



Satyugians are aware that any alteration and deformation of the nature leads to the creation of universe. Any attachment of the being with the material world or acceptance of the principle of believing in the reality of those objects which are seen with the eyes, leads to the origination of the deformity in the mind. As a result, even after getting everything, the being remains dissatisfied, impatient and unhappy. It is important to remember that contentment in itself is a divine power most necessary for the development of humane values in a person as it leads to initiation and evolution of virtues like endurance, sajan bhaav etc. i.e. tolerance, gentleness, tenderness, firmness, modesty, courteousness, politeness and etiquettes in the being. Know that a contented person is a symbol of gentleness and goodness.

The gentleness in the intentions of a contented person leads to uniformity and purity in his vision which enables him to firmly understand the importance of contentment in one's life. Satvastu Ka Kudarti Granth advises every one to adopt Sajan Bhaav in one's intentions and adorn oneself with virtue of contentment.

Remember that only a contented person can muster courage to accept the truth that one's own karma or deeds shape one's destiny. Such a person takes pride in living as per one's capability and capacity while willfully accepting one's destiny This is why, for leading a virtuous life and keeping one self away from vices, it is considered important that one should never yield to the worldly desires but instead ensure to keep one's mind in a contented state at all times.

Therefore, we can say that contentment is an extraordinary, supernatural and divine virtue which can only be imbibed by one who possesses self knowledge or we can say knowledge of spirit.

Satyugians know that a contented person is most fortunate and lucky as he conducts only good deeds and only such a person can adopt endurance in one's conduct and character.

That is why, for peace and happiness, we shall have to live together in unity. We shall have to adorn and embellish ourselves with the virtues of contentment and endurance, and tread the path of truthfulness and righteousness for fearlessly wandering in the universe. Our destination and goal is the one and same – that is Selflessness which is so dear to all of us We all human being shall have to mould ourselves as per constitution of humanity and acquaint ourselves with Equanimity and Sajan Bhaav. Let all of us resolve accordingly.

### Endurance in Satyug

Endurance means to tolerate, bear or put up with or without giving in or up i.e. to remain firm. It is the state or power or capacity for enduring, bearing or surviving. Satyugians know that endurance is the state of a being in patience. That is why they always remain tolerant As such, they do not get perturbed when they are faced with any misfortune, hindrance, difficulty or any adversity etc. nor does any perplexity, haste or impatience arise in their inner disposition.

Uniform stability of their inner disposition depicts their endured state. They know that endurance is a symbol of wisdom which restricts the mind to get impatient in any circumstances. Due to this fact, the perception or the understanding power of the mind of an endured person always remains clear and strong. Such a person always has good concentration power which is a quality to let one discriminate between a vice and a virtue, good or bad.



Know that an endured person can easily remain contented and at peace. Only he can dare to uphold the virtues of gentlemanliness and become a person of good moral character and conduct, and be humble, modest, pleasant and delightful. Such a person becomes an ideal and a source of inspiration for others to adopt Sajan Bhaav i.e. nobility and gentleness in their behaviour. Also know that endurance is a quality of being potent, charming and beautiful.

Therefore, in all circumstances of life ensure that you live like a person with endurance and strive to pass on this divine virtue to your children.

The mind of a person with power of endurance always remains calm and serene. Such a person possesses strong will-power and firmness in intentions and motives and therefore derives contentment from righteous discharge of duties with patience. This person has the strength to always remain steadfast on principles for leading a virtuous life.

Only a person with endurance can redeem pledges with steadfastness. The mind of a Satyugian is never distracted by worldly materialistic attractions including sexuality and lust which become insignificant for them. By this way they become fully conversant with ways of keeping one's concentration focused on the embodied spirit, i.e. God which helps in keeping all the evils away from them. They also know that without endurance no one can become gallant, valorous, fearless, forbearing, steady, faithful, sincere, forgiver, knower of Self, glorious, pious, joyful, self-restraint and free from worldly attachments. Therefore, to achieve the supreme goal of life, such a person fully understands the importance of discharge of duties towards self, family and society through righteousness and contentment.

Satyugians know that like contentment, endurance also enables a person to embellish the basic virtue of Equanimity and Even-sightedness while imparting mental prowess and thoughtfulness in proficient practice of endurance. That mind with its power of clear thinking and understanding becomes intelligent, just, kind, generous, meritorious, virtuous, and noble, i.e. benevolent and courageous to think and act for the betterment of others.

Endurance imparts stability to the mind through which the intentions of a person becomes noble and focused on Real Self i.e. embodied spirit. The mind of such a person is never excited/provoked and always remains in a stable state. That is why endurance is required to maintain the purity of thoughts, actions and character. Remember, that one who has endurance is worthy of being called a contented person having power of thoughtfulness.

That is why it is said that for your own self emancipation and for the peace and betterment of your family, it is imperative that you shed animosity and hostility and embrace self-restraint. For the upliftment of the society and to achieve the supreme goal of life, all of us shall have to remain united with a feeling of oneness to live harmoniously and peacefully.

**Let all of us resolve to firmly behold the virtues of Contentment and Endurance to progress on the path of Truthfulness and Righteousness to enable the Jeeva to reach His eternal abode i.e. Paramdham in this very life itself.**

**“Sambhaav ( Equanimity) shall be victorious”**

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