

“Discern nonetheless but me (Real/ Eternal Self) is the 'Lord'”
 “Only ignorant say that the Lord is someone along with”
 — Satvastu Ka Kudarti Granth



‘Satyug’ the Golden Era of Truth is fast Approaching

EQUANIMITY & EVEN-SIGHTEDNESS IS THE CONSTITUTION OF SATYUG

The change is inevitable, Come and be a part of the change.....

It is universally acknowledged that nature has divided the eternal time into four eras or yugas — Satyug, Tretayug, Dwaparyug and Kalyug, which is the present era.

As per the laws of nature, Satyug - the Golden Era, is definite to follow Kalyug. Therefore, it becomes necessary for all of us to enlighten ourselves about the Golden Era and become competent to mould ourselves accordingly.

The basic difference between the beings of Satyug and Kalyug is that the foundation of the character of beings of Satyug is based on absolute spiritualism, Truth and knowledge of the Self, which helps them retain purity of thoughts at all times. The basis of this is firmness in the practice of Equanimity and Even-Sightedness.

However, with deterioration in the level of commitment to humane values, the basis of character of every being in Kalyug becomes purely materialistic with me and mine as the basis of living which is the root cause of every evil in the world. This mires the mind in lust, anger, greed, pride, attachment etc. Ego, selfishness and negative thinking become the foundation and objective of survival.

This weakens our divine insight and one never becomes aware of Jiva and Brahm and makes the mind dependant on one source or the other to believe that God is somewhere else which leads to invention of various kinds of devotional methods. And the being still leads a life full of depression, weeping and lamenting. It becomes difficult for human beings to retain purity of senses and become one with the Almighty All this happens by breaking the ethical law and principle of Equanimity. We forget that we are not killing, abusing, defaming, cheating or harming anybody else, but ourselves.

While the suffering reaches its peak, mother nature is bound to cleanse the world to bring about next important phase i.e. Satyug, the balm factor. Coming close to God requires one to understand the basics of human virtues correctly, the most important being practicing Equanimity and Even-Sightedness as a part of daily life which is not only the simplest but the most effective Sadhna in one's quest to achieve the prime goal of life but also the only means to bring true peace on earth.

Satvastu Ka Kudarti Granth — The Harbinger of Satyug and True Peace on Earth through Equanimity (Sambhav) and Even-Sightedness (Samdrishti)

Equanimity is the power of mind to stay in a balanced state under all circumstances. Even-Sightedness denotes the state of seeing every one evenly or equally. Compared to all devotions in vogue today, practicing of this discipline is the most powerful and convenient means to achieve the prime goal of life — Self Realization. These represent the basic nature of the Lord and are symbols of excellence and means to prosperity, equality and peace.

By gaining knowledge of Equanimity and Even-Sightedness, a person attains the wisdom of listening to the Eternal Self and power of commitment to imbibe and spread the virtues of his real Self, imparting to himself the perception of experience and the equality of all in the Universe. Such a person acquires complete knowledge pertaining to the Self. Here the mind achieves a stage of omniscience — a state of divinity at which one acquires divine insight of the past, the present and future and wisdom to find that one's Real/Eternal Self manifests everywhere and visualizes one's own glimpse everywhere, and in everyone.

A continuous practice helps to achieve a stage of realization that there is no birth or death, no joy or sorrow, no sickness or grief and no poverty or riches. This wisdom makes one limitless, wealthiest of all and most noble person. Here one attains a state of limitless bliss, a realization of being Omnipotent, Omnipresent, and Omniscient.

This has been quoted in the holy book Satvastu Ka Kudarti Granth, which means Sacred Scripture of Satyug as revealed by the Nature, which narrates that in 'Satyug' each one would be the lover of truth having high integrity and uniform vision and would love to live in harmony and peace. This holy book is the guiding force for all of us.

According to this holy book, Equanimity and Even-Sightedness can be described as:

"Holding oneself firmly in contentment, truthfulness, endurance and righteousness, while keeping one's thought, speech and action in an independent state. i.e., free from any negativity and with a firm belief in the omnipresence of God —evenly visualizing His Eternal light in all living and non-living world beings."

साडा है सजन राम, राम है कुल जहान

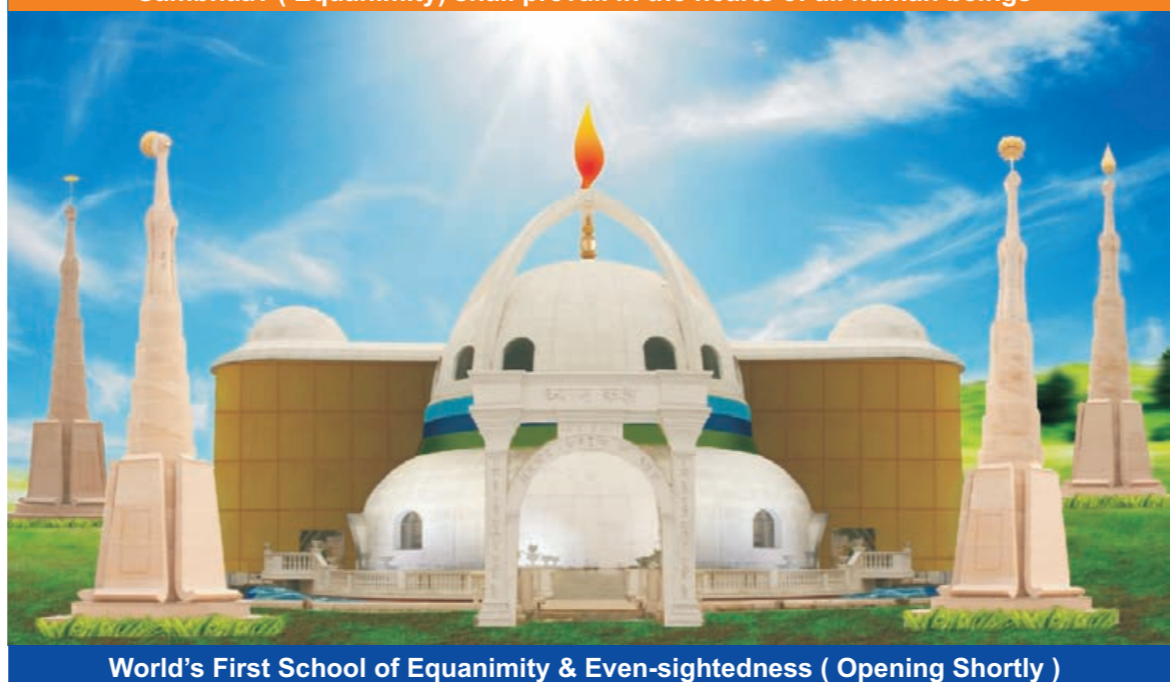
Prayer of Sajan Shri Shehanshah Mahabir Ji

O most Reverent my Almighty Lord Sajan Shri Shehanshah Hanuman Ji Maharaj, You are the Supreme above all entities in the Universe being Wisest above all, Meritorious above all, Potent above all, Wealthiest above all, Enlightened above all, having perfect knowledge of all things. Sajan Shri Shehanshah Hanuman Ji Maharaj with both my expanded folded hands, I bow my head on to your feet. Kindly accept my countless salutations.

Prayer of Sajan Shri Raghunath Ji

O most Reverent Lord, You are the Primordial Light, an epithet of the Supreme Being, identity of God i.e. the Almighty Supreme Soul, most kind to your devotees. Shri Raghunath Ji Maharaj with both my expanded folded hands, I bow my head on to your feet, Kindly accept my countless salutations.

Sambhaav (Equanimity) shall prevail in the hearts of all human beings



World's First School of Equanimity & Even-sightedness (Opening Shortly)

Shri Saajan Vandana

- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.
- In Satyug Your appearance in the form of "Laxmi Naryan". Holding "Shankh", A conch shell, "Chakra", A wheel, "Gada" , A Club & "Padam", A lotus would be great and proud worthy .
- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.
- In Satyug there would be no need of Silent repetition of Mantras or adoration and devotion and singing of any hymn and doing prayer or worship as well.
- The mental equilibrium of every one would always remain in the similar state in the entire Universe.
- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.
- In Satyug language of truth would prevail.
- The level of even-sightedness and oneness would be the highest.
- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.
- In Satyug everything would originate by natural technicality.
- In it the role of Supernatural power would be uppermost
- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.
- In Satyug all beings would be even-sighted and believer of one faith i.e. Spirituality.
- Who would remain at peak of their prime of life youth.
- Oh ! revered "Saajan" the Lord omnipresent I bow my head to salute You. Kindly accept my salutations.
- You the mirror of intellect, virtues and beauty of "Satyug" The golden age I bow my head to salute You. Kindly accept my salutations.

Essentials of Practicing Equanimity and Even-Sightedness

1. To keep one's thought, speech and action in a pure and independent state, i.e. free from any negativity or tempting pulsations. To do so, it is essential to root our existence in the divine source of the Universe, i.e. 'God', and to firmly remain committed to His command.
2. To firmly resolve to practice Equanimity and Even-Sightedness from the very childhood and ensure that one's thought, speech and action function according

to the established rule of conduct. The basic principle of which is: "Even Vision-One Philosophy".

3. Always keep in mind that "Discern nonetheless but me (Real/ Eternal Self) is the 'Lord'""Only ignorant say that the Lord is someone along with" .
4. "The Word of God is our Master, not the figure, idol or image of any person". So, we should not meditate on or worship any figure, idol or image of any person.
5. Firmly hold the values of contentment, endurance, truthfulness, selflessness & righteousness and all

other virtues.

6. Accept the truth that God is Omnipotent, Omnipresent and Omniscient.
7. Accept that we all are equal. Ensure that mind rises above caste, creed, religion, riches, poverty, weakness etc. (Root causes of discrimination /dualism).
8. Mould attitude, behaviour, habits and lifestyle to adopt the virtues of the Lord and to always remain in a balanced and even state of mind at all times in any condition of life.

About Satyug Darshan Trust

Satyug Darshan Trust originated in Gojra Mandi, distt Loyalpur (now in Pakistan) in the name of 'Mahabir Satsang Sabha'. It was registered as a public Trust in 1995 with an objective of alleviation of physical, mental and spiritual sufferings of the humanity and to infuse consciousness, fraternity and love for humanity through all possible means.

The main campus spread over 36 acres complex named as 'Vasundhara', located in village Bhopani near Faridabad on the Bhopani Lalpur Road — about 9 KM from old Faridabad chowk, Mathura Road.

For the information of readers, Satsang is organized every Sunday on theme based on Equanimity and Even-Sightedness purely on teachings from 'Satvastu Ka Kudarti Granth' at Satyug Darshan Vasundhara, Bhopani, Faridabad. The recordings of the same are available on website:

http://www.satyugdarshantrust.org/satsang_audio.htm .

The readers may take advantage of this opportunity to enlighten themselves by listening to these recordings.

The selfless activities of the Trust are spread in various parts of India which include:

1. Running of 14 charitable dispensaries for needy / downtrodden section of the society. Over 1 million people have benefited so far.
2. Running of 14 Music and Dance centers to bring about purity of music & help society realize true importance of this art.
3. Free Medical care camps and charity distribution at various locations across India at regular intervals.
4. B.Ed College for women with hostel facility to effectively train upcoming teachers to be role models and excel in teaching as a profession — symbolic of Guru's of ancient times as
5. The Trust helps the needy & deserving with regular financial support etc including distribution of food or marriages of their children.
6. The Trust organizes Educational, Social and cultural camps to strengthen unity in families and to develop progressive individuals with high level of self confidence, moral values, character, social manners, etiquettes etc.

The efforts and initiatives of the Trust are purely selfless aimed at eradication of the sufferings of humanity through generous donations and voluntary efforts of self-sacrificing individuals who in this process become gentle, noble and truly selfless with purity in thought, action and speech & capability to discharge all worldly duties unselfishly.

Donations made to the Trust are exempt from Income Tax under Section 80G of Income Tax Act.

For imbibing basic principles of Equanimity and Even-Sightedness by the Satyug Darshan Vidyalaya Students from the very childhood, the under noted efforts are being made:

1. Discussions on moral values with emphasis on adoption of Godly virtues like benevolence, selflessness as well as ways to protect oneself from deadly vices like anger, lust, ego etc.
2. School Houses named as Santosh, Dhairya, Sachai, Dharam - Cultural events organized throughout the year on these themes help children understand the true meaning and imbibe these virtues in life.
3. Holistic Development (Spiritual, Mental & Physical) to instill self confidence & commitment towards purification of thought, speech & action to become an ideal person & achieve all goals of life including "Self Realization" while performing all worldly duties tirelessly and effectively.
4. Emphasis on nutritious, hygienic & pure vegetarian 'Satvik' food.

For more information log on to www.satyugdarshantrust.org or write to us on info@satyugdarshantrust.org or call: or 9811066127, 9811016239 or 0129-220 1125

" Sambhaav (Equanimity) shall be victorious"

Offering much more than just education..

A School with a Difference



Satyug Darshan Vidyalaya

An English Medium, Co-Educational,
Residential cum Day Boarding, CBSE affiliated School



Staff
Required

- ✦ PGT's (Economics, English), TGT's (Hindi, Maths, SST)
- ✦ Director / Principal for Upcoming Institute of Management and Technology (Salary/ Qualification as per AICTE Norms) 9811066127 edu@satyugdarshantrust.org

SALIENT FEATURES

Holistic development of child

- ✦ Spiritual development & knowledge of Real Eternal Self
- ✦ Focus on Moral Values
- ✦ Specially prepared vegetarian, satvik and nutritious food

Excellent Infrastructure

- ✦ Spread over 36 Acres of Lush Green, Pollution free and Pious campus
- ✦ 24 hours power backup
- ✦ 10 acres of Sports Facility with Special Coaching facility
- ✦ State of the art Swimming pool, Squash Courts & Skating Rink
- ✦ Newly constructed hostel facility, separate for boys and girls

Excellent learning environment

- ✦ Well trained and experienced faculty
- ✦ Focus on building self confidence in each child
- ✦ Special classes for preparation of entrance exams
- ✦ Exposure to classical music and performing arts

